



20		21 <i>Martin Luther King Jr. Day</i>		22		23		24		25		26	
9:30 AM	Morning Meditation	9:30 AM	Morning Meditation/Exercise	9:30 AM	Morning Meditation/Exercise	9:30 AM	Morning Meditation/Exercise	9:30 AM	Morning Meditation/Exercise	9:30 AM	Morning Meditation/Exercise	9:30 AM	Morning Stretch
10:00 AM	Bethel Service: WKOW	10:00 AM	Snack & Martin Luther King Jr. Trivia	10:00 AM	Snack & Bingo Social	10:00 AM	Snack & Good News	10:00 AM	Snack & Bingo	10:00 AM	Movie Matinee & Popcorn	10:00 AM	Snack & Oldies TV
10:30 AM	Jigsaw Puzzles			11:00 AM	Sing Along with Susy	10:30 AM	Noodleball	11:00 AM	Chair Dance	2:00 PM	Reminiscing Ball	10:30 AM	Noodleball
11:00 AM	Hymn Sing Along: iN2L	10:30 AM	Name that Tune	<b>2:00 PM</b>	<b>Happy Hour &amp; Music</b>	11:00 AM	Laughing Baby Clips	2:00 PM	Crafty Hour	3:00 PM	Snack & Adult Coloring	2:00 PM	Board Games
2:00 PM	Manicures	11:00 AM	Audio Books: iN2L	3:00 PM	Snack & Travel to a Country	2:00 PM	Manicures	3:00 PM	Snack & Indoor Horseshoes	4:00 PM	Program Boxes	3:00 PM	Snack & Magazine Clippings
3:00 PM	Snack & Hangman	2:00 PM	Crafty Hour	4:00 PM	Program Boxes	<b>3:00 PM</b>	<b>Birthday Social</b>	4:00 PM	Program Boxes				
4:00 PM	Program Boxes	3:00 PM	Snack & Family Feud Game			4:00 PM	Program Boxes	6:30 PM	<i>Edgewood Athletes Visit</i>			4:00 PM	Program Boxes
		4:00 PM	Program Boxes										
27		28		29		30		31				Daily Meal Times	
9:30 AM	Morning Meditation	9:30 AM	Morning Meditation/Exercise	9:30 AM	Morning Meditation/Exercise	9:30 AM	Morning Meditation/Exercise	9:30 AM	Morning Meditation/Exercise			Breakfast: 8:00 am	
10:00 AM	Bethel Service: WKOW	10:00 AM	Snack & Trivia	10:00 AM	Snack & Bingo	10:00 AM	Snack & Good News	10:00 AM	Snack & Bingo			Lunch: 12:00 pm	
10:30 AM	Jigsaw Puzzles	10:30 AM	Name that Tune	11:00 AM	Sing Along with Susy	<b>10:30 AM</b>	<b>Music Therapy w/Jeanne F.</b>	11:00 AM	Chair Dance			Dinner/Supper: 5:00 pm	
11:00 AM	Hymn Sing Along: iN2L	11:00 AM	Audio Books: iN2L	<b>2:00 PM</b>	<b>Happy Hour &amp; Music</b>	2:00 PM	Manicures	2:00 PM	Crafty Hour				
2:00 PM	Manicures	2:00 PM	Crafty Hour	3:00 PM	Snack & Travel to a Country	3:00 PM	Snack & Yahtzee	3:00 PM	Snack & Indoor Horseshoes				
3:00 PM	Snack & Hangman	3:00 PM	Snack & Family Feud Game	4:00 PM	Program Boxes	4:00 PM	Program Boxes	4:00 PM	Program Boxes				
4:00 PM	Program Boxes	4:00 PM	Program Boxes					6:30 PM	<i>Edgewood Athletes Visit</i>				



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